# Evergreen, at kenwick Spa

TREATMENTS

# Elemis Treatments

### ELEMIS

### ELEMIS DEEP TISSUE MASSAGE WITH CRYOGLOBES

Experience the ultimate relaxation with the Elemis Deep Tissue Massage. We use a combination of essential oils instant refreshing gel and cooling Cyroglobes to help reduce stress and tension in your muscles.

### ELEMIS NOURISHING FRANGIPANI WRAP

Warm Frangipani oil wrap leaves your skin hydrated and velvety soft. Our 60 minute treatment includes a scalp & foot massage, and our 90 minute treatment includes a facial, scalp & foot massage.

60mins ● £86 ● £94 90mins ● £110 ● £118

### ELEMIS FRANGIPANI SALT SCRUB & MASSAGE

Our Frangipani Salt scrub will remove your dead skin cells and leave you feeling hydrated and nourished. Our 60 minute treatment includes back, neck and shoulder massage and our 90 minute treatment includes a full body massage.

60mins ● £86 ● £94 90mins ● £110 ● £118

### ELEMIS EXOTIC LIME & GINGER SALT SCRUB & MASSAGE

Our lime & ginger salt scrub will remove your dead skin cells and leave you feeling uplifted and nourished. Our 60 minute treatment includes back, neck and shoulde massage and our 90 minute treatment includes a full body massage.

### ELEMIS TARGETED TIGHTENING & TONING

A powerful blend of minerals and seaweeds join forces to arget cellulite and promote a smoother silhouette. Helps mprove gut health. cellulite and skin firmness.

45mins Thighs or Abdomen •£52 •£58 75mins Thighs & Abdomen •£62 •£68

#### **ELEMIS PRO GLOW FACIAL**

Our luxury Elemis facial will leave your skin hydrated and glowing. Our expert therapists will tailor the wide range c Elemis skincare products to your skin type. This relaxing, hydrating massage will leave you feeling relaxed and you skin rejuvenated.

### ELEMIS LED LIGHT THERAPY FACIAL

This luxurious treatment uses advanced LED light technology to deeply penetrate the skin, providing essential healing and rejuvenation benefits. The light treatment helps to reduce inflammation and discoloration while stimulating collagen production and improving skin tone and texture. Enjoy a rejuvenating experience with the truly luxurious facial.

30mins ● £50 ● £56 60mins ● £75 ● £83

### ELEMIS ULTRA SMART GLOW FACIAL

Our clinically proven intelligent skincare approach targets deep set wrinkles with our triple level approach to skin hydration, resulting in a transformative experience. Our Ultra-Smart technology works to maximize facial rejuvenation and deliver a powerful hydration boost to the skin

75mins • £92 • £10.

#### **ELEMIS PREGNANCY MASSAGE**

Completely tailored to you and your needs, using our Elemis pregnancy techniques and pregnancy safe products our therapists will leave you feeling relaxed. Enjoy a massage tailored to your needs.

### ELEMIS PREGNANCY FULL BODY MASSAGE & MINI FACIAL

Enjoy a relaxing Elemis body massage and mini facial. We will focus on the areas you need us to, whilst enjoying the luxury pregnancy safe elemis products and treatment techniques.

75mins ■ £98 ■ £106

#### **PRICING**

- Monday Thursday
- Friday Sunday

# Dermalogica Treatments

### dermalogica

#### PRO SKIN FACIAL

Our Dermalogica skin experts will focus on treating your skin concerns by using a combination of active ingredients which will focus on either clearing congested skin, improving skin aging and firmness, brightening skin pigmentation or repairing the skins PH barrier for sensitive skin.

30mins \$\£46 \$\£52 \$60mins \$\£75 \$\£83

#### **LUMINFUSION - GLASS SKIN FACIAL**

Get ready to glow like never before with our Luminfusion facial! Perfect for any special occasion, this treatment starts with a triple exfoliation stage featuring our advanced nano-infusion, powerful multivitamin exfoliant, and skin-rejuvenating LED light therapy to give you that glass skin look. Please note: a patch test and consultation are required 24hours before your appointment.

60mins - £120

#### PRO POWER PEEL

This unique 3 acid approach provides powerful resurfacing that is 100% tailored to your skin type. Targets discolouration, texture and breakouts. Our acids can be mixed and layered for exceptional results! Please note: a patch test and consultation are required 2 weeks before your appointment.

30mins - £70
Course of 4 - £240 (post treatment homecare kit included, must be paid upfront)

#### **PRO SKIN NEEDLING**

This minimally invasive treatment uses the most advanced techniques. Improves skin texture for scaring, pigmentation, deep lines and wrinkles. Recommended to book a course for best results. Please note: a consultation is required 2 weeks before your appointment.

60mins - £130 Course of 4 - £440 (must be paid upfront)

#### PRO SKIN NEEDLING WITH PEEL

Powerful skin resurfacing treatment combined with skin needling, elevates your skins results! Targets skin texture for scaring, pigmentation, deep lines and wrinkles.

Recommended to book a course for best results.

60mins - £150 Course of 4 - £520 (must be paid upfront)

#### **EXO BOOSTER MICRONEEDLING**

Experience an ultimate fusion of cutting-edge technologies designed to amplify the delivery of potent exosomes, breathing new life into your skin. This biphase professional treatment takes advanced services to the next level, suitable for anyone that's ready to elevate your skin services to the next level.

PRICING

Monday - Thursday

60mins 1 Treatment - £300 Course of 3 - £800 (must be paid upfront)

Book a complimentary consultation with one of our skin experts. A skin analysis, patch test and treatment plans will be discussed during consultation, you will be refused service if not carried out.

All packages must be paid on booking to receive discount

# Amethyst Trust



We provide specialist wellness massage and reflexology treatments for clients who have experienced cancer and are seeking massage, relaxation and pampering.

#### REFLEXOLOGY

Also known as zone therapy, involving the application of pressure to specific points on the feet. Treatment benefits are; lymphatic system stimulation, anxiety and tension relief, stress reduction, enhance pain management, increase energy and improves blood flow and circulation.

*45mins* ● £55 ● £60

#### WELLNESS FULL BODY MASSAGE

Your therapist will use varying levels of touch and pressure, so you can enjoy all the soothing and restful benefits of a therapeutic massage. Be safe in the knowledge that your treatment is entirely tailored to your own personal health needs and preferences.

60mins • £74 • £82

#### **PRICING**

- Monday Thursday
- Friday Sunday

### Hands & Feet



#### FLY BY MII MANICURE/PEDICURE

Hands or Feet are cleansed and cuticles tidied. Nails are beautifully shaped and treated with a prescriptive base coat, before the final flourish of your chosen Colour Confidence Polish or statement gel polish.

With Polish - 45mins £32 With Gel - 45mins £35

#### TREAT MII MANICURE/PEDICURE

Hands or Feet are cleansed and exfoliated, with cuticles made neat and tidy, (and dead skin removal for feet only) Conditioning creams applied. Nails are analysed, shaped, then treated with a prescriptive base coat, before the final flourish of your chosen Colour Confidence Polish and high shine top coat to finish, or Statement Gel Polish.

With Polish - 60mins £35 With Gel - 60mins £40

#### INDULGE MII MANICURE/PEDICURE

Includes the Treat Mii treatment, plus the additional indulgence of a deeply rich and nourishing mask and rejuvenating massage.

With Polish - 75mins £40 With Gel - 75mins £45

#### **GEL REMOVAL & REAPPLY**

Fly by Mii - £42 Treat Mii - £45 Indulge Mii - £50

#### **OTHER SERVICES**

Gel Removal - £16 Upgrade French - £1 per Nail Upgrade Glitter - 50p per Nail



# Massage Treatments

#### **SPORTS MASSAGE**

Sports Massage is a specialized form of massage therapy focused on treating physical injuries and restoring the body to optimal performance. It is designed to prevent and repair injuries related to sports and physical activity.

30mins  $\bullet$  £50  $\bullet$  £55 60mins  $\bullet$  £90  $\bullet$  £98

#### **SWEDISH MASSAGE**

This traditional massage helps to promote relaxation, ease muscle tension, and improve overall wellbeing. Your therapist will customize the treatment to your individual needs, making sure your experience is tailored to meet your specific goals.

#### WARMING HOT STONE MASSAGE

This treatment is a mixture of a hands-on massage and the use of smooth heated volcanic stones resulting in an intensely relaxing experience. Medium pressure massage and heat works deep into the muscles to melt away stresses leaving you in a state or pure tranquillity.

30mins ● £48 ● £52 60mins ● £86 ● £94 75mins ● £98 ● £106

#### AROMATHERAPY MASSAGE

Indulge in pure relaxation with our Aromatherapy Massage. Our skilled therapists will choose a pre-blended aroma oil, whether it's detoxifying, invigorating, nourishing, sensitive, or calming we wi choose the perfect blend for you.

30mins ● £48 ● £52 60mins ● £86 ● £94 75mins ● £98 ● £106

#### MELT AWAY LAVA SHELL MASSAGE

An intensely relaxing massage using the comforting heat of Lava Shells, flowing massage, in slow deep moves, eases tension, releases knots, and melts away stress.

#### **INDIAN HEAD MASSAGE**

Our skilled therapists blend traditional Eastern and Western massage techniques, targeting key pressure points to release tension and melt away stress.

*45mins* ● £55 ● £60

#### **REFLEXOLOGY**

Reflexology is an ancient healing practice that utilizes the application of pressure to specific areas of the feet that correspond to organs and systems of the body. By applying pressure to these areas, the body is encouraged to release tension and improve overall health and wellbeing.

45mins  $\bullet$  £55  $\bullet$  £60 Add hot stones  $\bullet$  £62  $\bullet$  £68

### PRICING

Monday - Thursday

Friday - Sunday

# Waxing & Tinting

UNDERARM WAX	£12	BRAZILIAN WAX	£36
ARM WAX	£20	HOLLYWOOD WAX	£44
CHEST OR BACK WAX	£30	EYEBROW WAX	£12
CHEST & ABDOMEN WAX	£36	EYEBROW TINT* & WAX	£20
1/2 LEG WAX	£20	LIP OR CHIN WAX	£10
3/4 LEG WAX	£28	LIP & CHIN WAX	£18
FULL LEG WAX	£35	EYEBROW TINT	£12
FULL LEG WAX &	0.40	EYELASH TINT	£18
STANDARD BIKINI WAX	£40	EYELASH TINT*,	
STANDARD BIKINI WAX	£15	EYEBROW TINT* & WAX	£35
HIGH BIKINI WAX	£25		



\*A patch test is required 24 hours before an appointment, you will be refused treatment if you have not had one.

# Overnight Spa Packages

#### MIDWEEK SPA STAY

Available Sunday-Thursday

£159 per person (£40 single supplement)

- · Welcome drink,
- · Towel, Robe & slippers
- Use of the pool and leisure facilities 10am-5pm
- · A choice of afternoon tea or a light lunch
- 30 minute spa treatment
- · Flemis mini facial
- · Scalp, Neck & Shoulder Massage
- Body Scrub (shower treatment)
- · Foot & ankle massage
- · Back, Neck and Shoulder Massage
- £30 meal allowance towards an evening meal
- · Overnight stay in either a lodge or hotel rooms
- Full English breakfast the following morning

#### CLASSIC OVERNIGHT STAY

£189 per person (Sunday - Thursday) £199 per person (Friday & Saturday) (£40 single supplement)

- · Welcome drink,
- · Towel, Robe & slippers
- · Use of the pool and leisure facilities 10am-5pm
- · A choice of afternoon tea or a light lunch
- 60 minute spa treatment
  - Foot & ankle massage with scalp massage
  - Hot Stones Massage
  - Body scrub with Back massage (shower treatment)
  - Warm Oil Body Wrap with Scalp & Foot Massage
  - Elemis Facial (tailored to your skin)
  - Back Massage & Elemis Mini Facial
- Treat Mii Manicure or Pedicure with gel (must not have gel on already)
- £30 meal allowance towards an evening meal
- Overnight stay in either a lodge or hotel rooms
- · Full English breakfast the following morning

# Spa Day Packages

#### **MORNING SPA**

Available Tues/Weds/Fri/Sun

#### £99 per person

- Use of facilities 8am-12pm
- Welcome drink
- Breakfast
- · Robe, towel and slippers
- 45 minute spa treatment
  - · Hot Stones Back or Body Massage
  - Elemis Facial (tailored to your skin type)
  - · Foot, Ankle & Scalp Massage
- Scalp, Neck and Shoulder Massage
- Fly By Mii Manicure or Pedicure (with gel)

#### TWILIGHT SPA

Available Tues/Weds/Thurs

#### £99 per person

- Use of facilities 8am-12pm
- Welcome drink
- Cheese Board
- · Robe, towel and slippers
- 45 minute spa treatment
  - · Hot Stones Back or Body Massage
  - Elemis Facial (tailored to your skin type)
  - Foot, Ankle & Scalp Massage
- Scalp, Neck and Shoulder Massage
- Fly By Mii Manicure or Pedicure (with gel)

These packages can be booked in either a hotel room or lodge (dependant on availability). Please note that the prices in the brochure are subject to change. For up to date prices please refer to our website.

# Evergreen Spa Packages

#### SIMPLY SPA DAY

Available Monday - Sunday
Check in 11am | Check out 5pm

#### £70 per person

- Arrival drink
- Robe, towel and slippers
- Light lunch or an afternoon tea
- Use of the facilities:
- Doc
- . Spa thormal suito
- Jacuzzi
- Gvm
- Relaxation room

#### **ULTIMATE SPA DAY**

Check in 10am | Check out 5pm

£180 per person (Monday - Thursday) £192 per person (Friday - Sunday)

Includes everything from our Simply Spa Day, PLUS:

- · 90 minute spa treatment
- · Hot stone massage with foot treatment
- Flemis Facial with back massage
- Warm Oil Body Wrap with Elemis Facial & Foot Treatment
- Body Scrub with Full Body Massage (shower treatment)
- Treat Mii Manicure & Pedicure with gel (must not have gel on already)

#### SIGNATURE SPA DAY

Check in 10am | Check out 5pm

£98 per person (Monday - Thursday) £110 per person (Friday - Sunday)

Includes everything from our Simply Spa Day, PLUS:

- 30 minute spa treatment
- Back, Neck & Shoulder Massage
- Flemis Mini Facia
- Foot & Ankle Massage
- Express Scrub (shower treatment)
- Scalp, Neck & Shoulder Massage

#### **DELUXE SPA DAY**

Check in 10am | Check out 5pm

£120 per person (Monday - Thursday) £132 per person (Friday - Sunday)

Includes everything from our Simply Spa Day, PLUS:

- 60 minute spa treatment
- Foot & ankle massage with scalp massage
- Body scrub with Back massage (shower treatment)
- Warm Oil Body Wrap with Scalp & Foot Massage
- Elemis Facial (tailored to your skin)
- Back Massage & Elemis Mini Facial
- Treat Mii Manicure or Pedicure with gel (must not have gel on already)

#### **MOTHER-TO-BE SPA DAY**

£130 per person (Monday - Thursday) £142 per person (Friday - Sunday)

- Arrival drin!
- Robe, towel and slippers
- · Light lunch or an afternoon tea
- 75-minute spa treatment
  - Pregnancy body massage with Elemis Facial
- Pregnancy Foot & ankle massage with Elemis
  Facial
- . Use of the facilities
  - . Pool
- Gvm
- Relaxation room

Why not add on 15 minutes extra to your treatment for an extra £15

- Foot treatment
- Hand treatment
- Scalp treatment

(cannot be added to simply spa day)

# Club Spa Kenwick Park

#### Like what you see? Explore our leisure memberships.

Receive an exclusive discount on spa treatments with a Leisure Membership at our spa and wellness facility. Designed for those who value relaxation, health, and a balanced lifestyle. Members receive priority booking and discounted rates on a wide range of treatments from relaxing massages and revitalizing facials to bespoke body therapies delivered by expert therapists.

#### As a Leisure Member, you'll enjoy unlimited use of our facilities including:

- 20m swimming pool,
- Thermal spa suites including steam room, sauna and ice room.
- · Outdoor Hydrotherapy pool
- Gym access and induction
- · Outdoor all weather tennis court
- Over 45 instructor led classes per week.
- Exclusive discounts across the Kenwick park estate

Whatever your routine, whether you're looking to wind down



### **Further Information**

#### **PREGNANCY**

At Evergreen spa we offer a range of pampering treatments suitable for you during this special time. These are suitable after the first trimester of pregnancy (12 weeks). Please discuss with one of our spa team who can advise you which treatments apply.

#### MINIMUM AGE

The minimum age to have a spa treatment or treatments on 16-18 years but they must be accompanied by an adult.

#### CUSTOMERS NEEDING SPECIAL **ASSISTANCE**

We do require carers/caregivers to accompany customers that need special assistance.

#### CLUB & SPA

We are a leisure spa and during the day the pool is also used by members, lodge/hotel guests and spa days.

#### **GROUP BOOKINGS**

We welcome group bookings to celebrate special to ask you to remove any celebratory attire that may be

#### **FOOD ALLERGIES AND INTOLERANCES**

in your party has any dietary requirements or intolerances.

#### LATE ARRIVALS AND **CANCELLATIONS**

Please arrive when your spa day is scheduled to start unless told otherwise. Please make sure you arrive to your spa appointments 10 minutes before they are due.

Should you need to cancel your appointment we need 24 hours notice or 50% will be charged. If you do not

Full payment is taken upon spa day bookings, in the event you can no longer attend we will happily re-schedule or cancel your spa day if 48 hour's notice is given.

#### **TREATMENTS**

All treatments for spa days are scheduled upon booking time, if you have any special requests this must be stated on the time of the booking. We will try to accommodate you and your party as best as we can. Treatment times can be subject to change due to staff availability on the day.

#### ADDITIONAL SPA TREATMENTS

Please be advised to book any additional treatment upon booking your spa day to avoid disappointment.

We are a card only facility. Kenwick Park - Louth, Lincolnshire, LN11 8NR t: 01507 353008 - Spa Day & Treatments t: 01507 608806 - Spa Breaks t: 01507 601852 - General Enquiries

# To book your appointment, pop in or call 01507 353 008 or email kpevergreenspa@awayresorts.co.uk

Should you need to cancel your appointment we need 24 hours notice or 50% will be charged. If you do not attend a scheduled appointment full payment will be charged.

Full payment is taken upon spa day bookings, in the event you can no longer attend we will happily re-schedule or cancel your spa day if 48 hour's notice is given.

