

The logo is centered within a white circle. It features the word "FAIRWAYS" in a bold, dark green, sans-serif font. Below it, the word "restaurant" is written in a dark green, cursive script. Underneath that, the word "AND" is in a bold, dark green, sans-serif font, flanked by two horizontal lines. At the bottom, the word "KEEPERS" is in a bold, dark green, sans-serif font, with the word "bar" written in a dark green, cursive script below it.

# FAIRWAYS *restaurant* AND KEEPERS *bar*

## BREAKFAST MENU

**Continental  
Breakfast**  
9.00

**Cooked  
Breakfast**  
12.50

**Children's  
Breakfast**  
6.00



**Freshly brewed tea and coffee will be served to your table**  
If you require decaf tea or coffee or any herbal or fruit teas please ask your server

## CONTINENTAL SELECTION

*Please help yourself to any of the following:*

### Toast

White bread **V** 64 kcal  
Brown bread **V** 64 kcal  
**Available on request**  
Gluten free bread **V**  
90 kcal

### Croissant **V** 231 kcal

### Pain au Chocolate **V** 280 kcal

### Preserves

Mixed fruit **V** 78 kcal  
Marmalade **V** 75 kcal  
Honey **V** 81 kcal  
Marmite **V** 21 kcal

### Cereal

**Selection **V** **Vg****  
Crunchy Nut 143 kcal  
Fruit 'n Fibre 135 kcal  
Coco Pops 135 kcal  
Special K 131 kcal  
Frosties 131 kcal  
Corn Flakes 132 kcal  
Rice Krispies 134 kcal  
Alpen 143 kcal  
Weetabix  
134 kcal per packet of 2

### Yoghurt Selection **V**

Mixed fruit 78 kcal  
Fat free plain 45 kcal  
Fat free natural 62 kcal  
Apricot 128 kcal  
Toffee 125 kcal  
Strawberry 136 kcal  
Blackcurrant 130 kcal

### Fresh Fruit Selection **Vg**

**Prunes **V****  
240 kcal per 100g

### Meat and Cheese Selection

Salami 40 kcal per slice  
Sliced Monterey  
Jack cheese **V**  
105 kcal per slice

### Fresh Juice

Orange juice **Vg**  
112 kcal per half pint  
Apple juice **Vg**  
112 kcal per half pint  
Cranberry juice **Vg**  
112 kcal per half pint  
Iced water **Vg** 0 kcal

## COOKED BUFFET SELECTION

*Make your choice from the below:*

### Lincolnshire Sausage 120 kcal

### Back Bacon 68 kcal

### Hash Brown **Vg** **GF** 250 kcal each

### Fried Egg **V** **GF** 92 kcal

### Baked Beans **Vg** **GF** 105 kcal

### Grilled Tomato Halves **Vg** **GF** 8 kcal each

### Mushrooms **Vg** 48 kcal

*Freshly cooked items available to order:*

### Vegetarian Sausage **V** **GF** 65 kcal

### Poached Egg **V** **GF** 68 kcal

### Scrambled Eggs **V** **GF** 37 kcal

### Grilled Black Pudding 363 kcal per 100g

### Fried Bread **V** 229 kcal

### Toasted Crumpet **V** 89 kcal each

### French Toast **V** 221 kcal

### Omelette

Bacon **GF** 380 kcal  
Cheese **V** **GF** 269 kcal  
Tomato **Vg** **GF** 260 kcal

### Porridge **V** 55 kcal

## BREAKFAST ITEMS WITH A SUPPLEMENT

**Poached Haddock** 110 kcal  
**3.50**

**Open Bagel with Smoked  
Salmon and Cream Cheese**  
463 kcal **2.00**

**Buttermilk Pancakes with  
Honey and Fresh Berries**  
**V** 637 kcal **1.50**

*Please allow additional time for these to be cooked especially during busier mornings.  
On busier mornings, a self service hot drink station may be in use.*

**V** Suitable for vegetarians **Vg** Suitable for vegans **GF** Gluten Free

Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.



**If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.**