

LUNCH MENU

KEEPERS
BAR

FAIRWAYS
RESTAURANT

Served 12pm - 4pm

Did you know that we use local Lincolnshire suppliers where possible. This provides consistent, excellent quality and supports local businesses

LITE BITES

Soup of the day (420kcal) warm homemade bread	£6
Sweet chilli glazed chicken wings (962kcal) honey & mustard crème fraiche - rocket salad	£8
Deep fried blanch-bait (620kcal) curried mayo - fresh lime	£7
Tomato & mozzarella bruschetta (551kcal) balsamic glaze - basil	£7

OVEN BAKED JACKET POTATOES

with side salad & slaw

Cheese (V) (630kcal)	£6.50
Cheese & beans (V) (770kcal)	£7.50
Tuna mayo (710kcal)	£7
Coronation chicken (745kcal)	£8

SALADS

Classic Caesar salad (950kcal) chargrilled chicken - bacon lardons - parmesan - anchovies - baby gem lettuce - croutons	£12
King prawn salad (420kcal) poached king prawns - lemon mayo - mixed leaves - cucumber - spring onion - croutons	£13
Large house salad (345kcal) Mixed leaves - tomato - cucumber - red onion - croutons - mustard seed dressing	£7

CHILDREN'S MEALS

ages up to 11 yrs.
price includes a strawberry or chocolate
ice-cream sundae

Battered chicken nuggets (871kcal) chips - baked beans	£10
Scampi (822kcal) chips - peas	£10
Mini cheese & tomato pizza (685kcal) chips - side salad	£10
Lincolnshire sausage (762kcal) chips - peas	£10

SANDWICH SELECTION

either brown or white bloomer bread with
side salad & slaw

Classic club sandwich (729kcal) grilled chicken - crispy bacon - lettuce - tomato - Dijon mayo	£9
Mature cheddar & chutney (V) (866kcal)	£7
Baked ham & tomato (405kcal)	£8
Coronation chicken (773kcal)	£8
Tuna mayo (710kcal)	£7
add chips to any sandwich (333kcal)	£1.50

SIDES

Chips (333kcal)	£3.50
Coleslaw (245kcal)	£2
Garlic ciabatta (670kcal)	£4
Onion rings (410kcal)	£3.50

DESSERTS

Homemade vanilla pod cheesecake (V) (684kcal) summer berries	£7
Homemade blueberry & lemon sponge (V) (1301kcal) blueberry compote, fresh double cream	£7
Chocolate & amaretto torte (V) (1044kcal) sweetened cream - chocolate ganache	£7
Vegan salted caramel & chocolate brownie (VG) (410kcal) vegan vanilla ice-cream	£7
Selection of local cheeses (V) (1495kcal) grapes - celery - fruit chutney - crackers	£9.5
Selection of real dairy ices & delicious sorbets	£2 (per scoop)
Choose from: (calories are per scoop)	
Ice-creams vanilla (188kcal) strawberry (196kcal) double chocolate (205kcal) banana & butterscotch (219kcal) mint choc chip (198kcal)	Sorbets blackcurrant (115kcal) lemon (112kcal) orange (121kcal) mango (115kcal) champagne (129kcal)

(V) - Vegetarian (VG) - Vegan (GF) - Gluten Free

The recommended daily calorie intake is 2000-2200kcal.