The brand new £4.5 million state of the art club & spa offers luxurious facilities for you to relax, unwind and be pampered in.

The EvergreenSpa@Kenwick with 10 stunning treatment rooms, relaxation room and spa lounge offers the best of British Brands with Elemis & Natural Spa Factory treatments and products.

Regardless of whether you are visiting for your regular facial, essential grooming treatments or a pre-occasion top to toe pamper, you can enjoy first class treatments in luxurious surroundings.

A range of Spa Days & Spa Stays are available which include use of the beautiful poolside facilities, outdoor hydrotherapy pool and EvergreenSpa Lounge:

- 20 metre indoor swimming pool with stunning timber roof ceiling
- Poolside Thermal Spa Suite with:
  - Tepidarium
  - Sauna with Salt Wall
  - Steam Room
  - Ice Room
  - Feature Showers
  - Foot Spas
- Jacuzzi style spa pool
- Outdoor Hydrotherapy Pool
- Exclusive Spa Lounge offering lunch, afternoon teas and refreshments

- Exclusive Female Spa Guest Changing Rooms
- 10 treatment rooms including 2 twin rooms
- Relaxation Room for post treatment relaxation
- Gymnasium

GIVE THE GIFT OF BEAUTY WITH A VOUCHER FOR TREATMENTS, SPA DAY OR A MONETARY VALUE.

Gift Vouchers can be purchased in person or over the phone.
Making your booking
We recommend you book as far in advance as possible, especially for weekends as this is our most popular time for treatments.

CONSULTATION
Most treatment times include a consultation so your therapist can identify the results you would like from your treatment and deliver the best treatment possible.

DOUBLE TREATMENT ROOM
Our double treatment rooms are ideal for couples or friends to share their treatment time together. Please request this service on booking if required. (Subject to availability)

HEALTH CONDITIONS
On arrival you will be asked to complete a medical screening form which helps ensure you have a safe and enjoyable experience with us. Some treatments carry certain medical contra-indications and in this instance an alternative treatment may be offered. Please advise us on booking of any health conditions, allergies or injuries so we can advise you of what treatments are suitable.

Please respect our therapists if they advise you that your first choice of treatment is unsuitable; we will always offer the safest and most enjoyable treatment as an alternative.

MEDICAL CONDITIONS
Evergreen Spa is not a medical centre and our staff are not medically trained practitioners, if you have had or are suffering from severe allergies, ill health, a particular medical condition or are pregnant we advise you speak to your GP prior to arrival to ensure you can use Evergreen Spa’s full facilities, services and treatments.

In some instances, we may require written confirmation from your doctor. If you have had or are undergoing treatment for cancer we will need confirmation from your doctor or McMillan nurse to ensure your safety and comfort.

The set of guidelines below is not an exhaustive list and only serves to highlight some of the main medical indicators where use of the facilities, services or treatments may not be advised:
PREGNANCY, MOBILITY PROBLEMS, ACTIVE VERRUCAS/WARTS, HEART PROBLEMS, EPILEPSY, SKIN DISEASES/DISORDERS, DIABETES, METAL PINS/PLATES, EAR INFECTIONS, CANCER, SURGERY

PREGNANCY
Look out for the icon for a range of pampering treatments suitable for you during this special time. These treatments are suitable after the first trimester (12 weeks).

MINIMUM AGE
The minimum age to have a Spa Treatment or visit on a Spa Day or Spa Stay is 16 years of age; anyone aged 16 and 17 must be accompanied by an adult (someone over 18)

GIFT VOUCHER REDEMPTIONS
If you are redeeming a Gift Voucher, please present it on arrival at Spa Reception. An alternate method of payment will be required for any forgotten vouchers and of course the voucher can be redeemed on another booking at another time before its expiry. Should you wish to extend your gift voucher beyond the expiry date, you can do so by paying 10% of your voucher value. This will extend your voucher by 3 months.
CLUB & SPA
ClubSpa@Kenwick is a member’s only club and day spa for visitors. Please respect all club members and fellow guests during your time with us. There will be children using the club and school holiday times may be particularly busy in the swimming pool and on poolside.

GROUP BOOKINGS
We welcome group bookings to celebrate special occasions and as a place to relax and unwind with friends; however please be aware that we do not allow any celebratory attire at any time during your visit to ClubSpa@ Kenwick and Kenwick Park Hotel and grounds. The management reserves the right to ask you to remove any items that are deemed unacceptable.

FOOD ALLERGIES & INTOLERANCES
Please advise at the time of booking if you or your party have any dietary requirements or allergies.

LATE ARRIVALS & CANCELLATIONS
Arriving late for your scheduled appointment will unfortunately result in a reduced treatment time and full payment will still be charged.
In the event that you do not attend a scheduled treatment, full payment will still be charged.

Treatment Only Cancellations - Should you need to cancel your appointment we require 24 hours’ notice or 50% will be charged.

Spa Day Cancellations - Full payment for Spa Days is required at the time of booking and in the event that you need to cancel or re-arrange we will happily re-arrange your spa day if you cancel within 48 hours of the arrival time. You are welcome to re-schedule your spa day for up to 12 weeks after the original date.

The management reserves the right to ask anyone whose behaviour is not acceptable to leave the building without refunding any monies paid.
ELEMIS Face
The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

**ELEMIS SUPERFOOD PRO-RADIANCE** *(55min)*  £48
A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.
*Independent Clinical Trials

**ELEMIS SENSITIVE SKIN SOOTHER** *(55min)*  £48
Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

**ELEMIS ANTI-BLEMISH MATTIFY & CALM** *(55min)*  £48
A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

**ELEMIS PRO-COLLAGEN AGE DEFY** *(55min)*  £65
Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.
*Independent Clinical Trials

**ELEMIS DYNAMIC RESURFACING PRECISION PEEL** *(55min)*  £65
Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.
*Independent Clinical Trials

**ELEMIS WHITE BRIGHTENING PIGMENT PERFECTOR** *(55min)*  £65
Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion.

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**Add me!** Add a relaxing mini back massage to your chosen facial. *(15min)* Add £15 on to the cost.
ELEMIS Body
Choose your own combination of facial and body massage, or let your ELEMIS therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs.

ELEMIS COUTURE TOUCH (1hr 10mins) £59
Condition your skin and muscles with this all-embracing experience. Including a hands-on facial with your personalised Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage.

ELEMIS FREESTYLE DEEP TISSUE MASSAGE (55min) £48
Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

ELEMIS FREESTYLE DEEP TISSUE BACK MASSAGE (25min) £30
Alleviate stress, ease aching muscles and revive your senses with this powerful, customised massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension. This massage focuses primarily on the back, shoulders and neck area. It can also be combined with any of the Elemis facials as a pre-facial relaxer.

ELEMIS BODY NECTAR NOURISHING WRAP £52
- SWEET ORCHID OR FRANGIPANI WRAP (55min)
The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS INTENSELY CLEANSING SALT SCRUB £35
- LIME AND GINGER OR FRANGIPANI (25min)
Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body cream.

NEW ELEMIS GARDEN OF ENGLAND ROSE RESTORE MASSAGE £53
(55min)
Take a walk in the English rose garden with this lavish hydrating massage. The unique trio of rose, camelina and poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal.

ELEMIS HAND DELIGHT TREATMENT £25
(25min)
Hand massages are unbelievably relaxing and this is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness to leave your hands soft to touch.

ELEMIS SOLE DELIGHT FOOT TREATMENT £25
(25min)
Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Warm oil softens and soothes to leave your feet supple and soft.
Natural Spa Factory - For Your Face

BOUTIQUE FACIAL (55min) £43
A calming treatment developed for dry and delicate skin. Infused with Rose oil, Aloe Vera and Sweet Almond oil this facial will leave your skin calm and will reduce any redness within the skin. This treatment includes a double cleanse, tone, polish, massage to the décolleté face and scalp, mask, moisturise to hydrate and balance your skin.

BOUTIQUE...TREAT ME IN A HURRY! (25min) £25
In a rush and need a quick boost? Using the Boutique range, you can relax with a double cleanse, tone, polish and moisturise leaving your skin cool and calm.

ILLUMINATING FACIAL (55min) £43
This deeply nourishing treatment is ideal for a dull skin and will help to even skin tone, lighten blemishes and reduce the appearance of age spots. In Asia they have been using the rice grain for centuries and it has traditionally been considered as a source of beauty which will leave your skin’s complexion whiter and smoother. This treatment includes a double cleanse, tone, polish, massage to the décolleté, face and scalp, mask, serum and moisturise, leaving your skin Illuminated and soft to touch.

ILLUMINATE...TREAT ME IN A HURRY! (25min) £25
In a rush and need a quick boost? Using the Illuminating range, you can unwind with a double cleanse, tone, polish and moisturise leaving your skin brighter and soft to touch.

LUXURY DECADENT GOLD & CAVIAR FACIAL (1hr 10min) £55
This Luxurious facial is rich in active ingredients such as 23-carat gold, hyaluronic acid and the caviar extract; thanks to these it has high skin regeneration properties and healthy anti-ageing actions. This treatment includes a double cleanse, tone, polish, massage to the décolleté, face and scalp, mask, serum and moisturise which will smooth and hydrate, leaving the skin youthfully revitalized.

GOLD & CAVIAR...TREAT ME IN A HURRY! (40min) £30
In a rush and need a quick boost? Using the Decadent Gold & Caviar range you can indulge with a double cleanse, tone, polish and moisturise leaving your skin smooth and hydrated.

Add me! Add a relaxing mini back massage to your chosen facial. (15min) Add £15 on to the cost.
Natural Spa Factory - For Your Body

SPA MASSAGE AS IT SHOULD BE
Awaken your senses by choosing from a selection of beautiful smelling oils for your therapist to use during this relaxing treatment which combines a full body massage with facial pressure points and scalp massage. With your choice of relaxing or medium pressure to effectively relieve stress and soothe muscular tension, ensures this treatment is just as you want it to be.

SPA BODY AND FACE MASSAGE (1hr 10min) £50
SPA BACK MASSAGE (25min) £25

HONEY SCRUB AND MUD RITUAL (1hr 55min) £85
Immerse yourself into this detoxifying and purifying body experience; once your chosen salt scrub has been applied you will have warm mud massaged over the skin to aid the removal of any toxins and nasties from the skin's surface.

SIGNATURE SALT TREATMENT (30min) £30
Pamper and purify your skin with this indulgent customised salt treatment. Choose from our seasonal collection of beautiful Salt Scrubs infused with oil leaving your skin smooth and radiant.

SLIMMING LAMINARIA & RE-MINERALISING BODY WRAP £50 (1hr 10min)
Ideal for slimming spa rituals and for Thalassotherapy treatments, this wrap is rich in Laminaria which allow active ingredients to stimulate cells increasing the breakdown and elimination of fat. The iodine contained in Laminaria contains properties and helps combat cellulite and fatty deposits. This treatment includes a light body brush followed by a cool application of the Laminaria mud, once cocooned you will receive a prescription facial and to finish a light massage with sea weed oil to replenish the skin with moisture.

DETOXIFYING GREEN, RED & WHITE TEA BODY WRAP £50 (1hr 10min)
This fresh and detoxifying wrap is formulated with numerous health enhancing components and antioxidants, such as flavonoids and vitamin C and E. This treatment includes a light body brush followed by a mud application. Once cocooned you will receive a prescription facial and to finish a light massage with seaweed oil to rehydrate the skin.

SWEET VANILLA IT’S A WRAP! (55min) £45
Infused with the delicate sweetness of vanilla and Alpine flowers this creamy treatment is perfect for a sensitive skin and if used as part of a healthy ageing treatment, loaded with rice bran oil its properties help even skin tone and reduce age spots. The smooth and delicate vanilla mask is applied to the face and body for you to then be cocooned in a soothing wrap whilst indulging in a coconut scalp massage. Be warned this mask is good enough to eat but please don’t!

BUMPS A DAISY TREATMENT (55min) £43
A little pampering for a mum to be! This treatment is crammed with gentle sweet almond and wheat germ oils and complemented with a flurry of rose oil, mandarin, ho wood and bitter orange to increase circulation, to ease the effects of water retention, resulting in a more restful night’s sleep for you and baby. This treatment includes a relaxing back massage alongside a calming facial to soothe and pamper your skin during this special time.
WARMING HONEY GEL BACK MASSAGE £44
AND ILLUMINATING TASTER FACIAL (55min)
This indulgent duo will awaken your senses with the warm aroma of the honey gel and the Illuminating range will give your face a radiant and illuminous glow.

TINY TREATS (55min) £45
Select 3 treatments from below
- Rose Facial
- Strawberry & Cream Back Scrub
- Mud Therapy Back Treatment
- Coconut Infused Scalp Massage
- Peppermint Foot Treatment
- Honey Back Massage

ROSE GARDEN BACK EXPERIENCE (25min) £30
This Rose infused back treatment will leave your skin as soft as a rose petal! First the pure rose salt scrub is applied and removed with warm towels followed by a mini mud treatment and a drift away massage.

GLACIAL MINERAL RICH BODY WRAP (1hr 10min) £60
The glacial snows have thawed and flowed down the mountains bringing a gift from nature...as the ice melts, the glacier shares its precious secret collected by hand. This mineral dust, rich in quartz and mica is bursting with beneficial minerals to help draw out our impurities and remove dead skin cells, this treatment will leave your skin re-balanced and re-mineralised.
A traditional Arabian body treatment involving a salt exfoliation and mud wrap.
Massage & Alternative Therapies

SWEDISH MASSAGE
Traditional massage to relieve tension and muscle fatigue.
FULL BODY MASSAGE (55min) £40
BACK, NECK AND SHOULDERS (25min) £28
SCALP MASSAGE (25min) £25

AROMATHERAPY MASSAGE
Essential oils are specially selected and blended to suit the needs of the individual and improve general well-being.
AROMATHERAPY FULL BODY MASSAGE (55min) £45
AROMATHERAPY BACK MASSAGE (25min) £30

REFLEXOLOGY (40min) £35
A system of zones and reflex areas on the feet reflect an image of the body. Work on these areas of the feet can affect a physical change in the body. Recommended as a course of treatments, please speak to spa reception when booking.

INDIAN HEAD MASSAGE (40min) £35
Helps relieve stress and tension with the combination of eastern and western massage techniques.

LAVA SHELLS
Your therapist will begin the treatment with an application of massage oil to help make the strokes smoother. Heated shells will be pressed onto key points of your body to relax your muscles, before using the smooth shells to massage. The therapist can use different parts of these pretty shells to complement various massage strokes.

The heat from the Lava Shells will gently relax and smooth away those knots. The shells naturally give off calcium ions when heated, which transfer to your skin during the massage. Lava Shell massage can:

- Boost circulation of blood and lymphatic system
- Sooth aches and pains
- Reduce swelling and water retention
- Relax you

LAVA SHELL FULL BODY MASSAGE (55min) £55
LAVA SHELL FULL BODY MASSAGE AND FACIAL (1hr 50min) £90
Nailcare by **O·P·I**

Choose your finish:

**OPI NAIL LACQUER SHADE - 1 HOUR TIL TOUCH DRY**
Choose from our range of beautiful coloured lacquer

**OPI GEL COLOUR* - DRY INSTANTLY**
Choose your favourite OPI Gel shade for weeks of long lasting colour and glossy wear

**OPI COLOUR & GO FINGERS OR TOES**
Your nails will be filed into your chosen shape and smoothed in preparation for an application of base coat followed by your choice of award winning OPI colour and completed with OPI Top Coat for the ultimate finish and shine. This service does include cuticle care. Perfect for on the go glamour.

**OPI LACQUER £18**

**REPLENISHING MANICURE WITH AVOPLEX SPA**
Replenish and revitalise your skin with a wonderful luxurious and indulgent OPI Avoplex manicure. This treatment is designed to restore elasticity, plump and smooth dry skin. The Avoplex Moisture Replenishing system is based on the multiple therapeutic benefits of Avocado, to soothe and smooth your hands. This service does include cuticle care, shaping, hand scrub and massage. Complete the manicure with your chosen OPI Nail Lacquer shade.

**OPI LACQUER (40min) £25**

**GEL SOAK OFF**
Removal of OPI gel. Please note we do not remove other salons gel nails.

**SPA PEDICURE BY OPI**
Immerse your feet into the pampering world of OPI. Incorporating the sumptuous botanical extracts and hydrating properties of OPI’s Pedicure Range your feet are soothed, scrubbed, softened and hydrated with a soothing mask for the ultimate treat. This service includes cuticle care, shaping and will be completed with your chosen shade of OPI Nail Lacquer.

**OPI LACQUER (55min) £32**

**ESSENTIAL PEDICURE**
Formulated with nature’s most soothing and effective botanical ingredients this treatment will renew and restore feet to silky smoothness. The perfect way to restore moisture, refresh and energise those tired feet and legs. This service includes cuticle care, shaping, soothing soak, scrub and massage with a finishing touch of OPI Nail Lacquer to get feet flip-flop ready.

**OPI LACQUER (40min) £28**

**GEL SOAK OFF AND RE-APPLY £30**
Removing gel colour and gel application.

*Please Note we will not perform treatments on nail enhancements. If you already have gel polish and have booked in for gel treatment, please remove gel prior to arrival or make an appointment for a gel removal prior to your gel treatment.
A beautiful mineral based make-up brand

GUIDE Mii £30
Let our Mii expert guide you through a make-up tutorial to help you create your perfect look; whether you want a complete make-up bag overhaul or just some application tips to enhance your current look, our expert will help you every step of the way.

GLAMORISE Mii £28
Let our Mii expert transform you for a special occasion or big night out.
(Upgrade to include false lashes for £8.00. Must book in advance).

MARRY Mii £60
Enjoy perfecting your big day look prior to your wedding day with a make-up trial with your Mii expert.
On the big day itself, enjoy the luxury of having your Mii expert attend to you in your bridal suite (Kenwick brides) or visit us again in the comfort of the spa.
Waxing

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
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<tbody>
<tr>
<td>1/2 Leg Wax</td>
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<tr>
<td>3/4 Leg Wax</td>
<td>£19</td>
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<tr>
<td>Full Leg Wax</td>
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<tr>
<td>Underarm Wax</td>
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<td>Eyebrow Wax</td>
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<td>Lip &amp; Chin Wax</td>
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<td>Back or Chest Wax</td>
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<tr>
<td>Full Leg &amp; Bikini Wax</td>
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<tr>
<td>Bikini Wax</td>
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<tr>
<td>Hollywood (Removing All)</td>
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<tr>
<td>Brazilian (Leaving a small strip)</td>
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<tr>
<td>Eyelash Tint*</td>
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<tr>
<td>Eyebrow Tint &amp; Shape*</td>
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</tr>
<tr>
<td>Eyelash &amp; Brow Tint &amp; Shape*</td>
<td>£25</td>
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</table>

*A patch test is required 24 hours before appointment. You will be refused treatment if a patch test has not been done.

Brazilian & Hollywood not recommended after 35 weeks pregnant.

Treatments for Men

**ELEMIS ADVANCED ANTI-AGEING FACIAL (1hr 10min)**  **£60**
Pure skin intelligence for men, for everyday skin concerns. Choose from:
- Skin IQ facial
- Anti-Ageing booster for tired, stressed skin
- Urban Cleanse facial
- Deep Cleanse Skin and Complete Skin Detox

**ELEMIS TOTAL TIME OUT FOR MEN (1hr 55min)**  **£95**
A unique men’s advanced facial combined with the dynamic and immediate tension-relief of the prescribed deep tissue massage.
Spa Days

The brand new £4.5 million state of the art members club & spa offer a range of Spa Days and Spa Stays which will leave you feeling relaxed and pampered with your batteries re-charged.

With a range of half and full day packages along with twilight evenings and pure pampering packages, our dedicated team of beauty professionals have ensured there is something to suit everyone.

If you wish to spend the day relaxing in your fluffy robe, our spa lounge ClubSpa@Kenwick offers space for you to do just that.

A range of healthy lite-bites and afternoon teas accompanied by a range of hot, cold and alcoholic beverages will be served to you by our dedicated team whilst you enjoy some time simply relaxing.

*please see individual packages for use of facility inclusions

ClubSpa Facilities included on Spa Days and Spa Stays visits*

- 20 metre indoor swimming pool with stunning timber roof ceiling
- Poolside Thermal Spa Suite with:
  - Tepidarium
  - Sauna with Salt Wall
  - Steam Room
  - Ice Room
  - Feature Showers
  - Foot Spas
- Jacuzzi style spa pool
- Outdoor Hydrotherapy Pool
- Exclusive Spa Lounge offering lunch, afternoon teas and refreshments
- Exclusive Female Spa Guest Changing Rooms
- 10 treatment rooms including 2 twin rooms
- Relaxation Room for post treatment relaxation
- Gymnasium offering the latest TechnoGym equipment

SUNRISE SPA MORNING

If you’re an early bird this spa package is just what you need to start your day. You will be welcomed at Club reception with your itinerary for the morning along with towels for you to start using the facilities. Anytime from 9.30am you can make your way to the EvergreenSpa reception where you will be seated for your refreshments and brunch. To finish your Spa morning, you will have an indulgent facial treatment suitable for both men and women. Waking up has never been so easy!

- Use of Club Facilities including Gymnasium, Swimming Pool, Thermal Spa Suite and Outdoor Hydrotherapy Pool between 8am & 9.30am
- Towel Hire (robe and slippers are not included in this package)
- Spa Brunch served in the EvergreenSpa Lounge, including fresh morning coffee or a selection of teas or herbal infusions.
- Choice of a Natural Spa Factory Illuminating Facial or a Cooling Cucumber Facial (55min)

Monday - Thursday 8am - 12noon £55

AFTERNOON DELIGHT

- Use of Spa Lounge
- Use of facilities
- Complimentary use of robes, towels & slippers
- Spa Afternoon Tea
- Use of Gymnasium & Tennis Court

Monday - Thursday 1pm - 4pm £40
MINI SPA RETREAT
- Use of Spa Lounge
- Use of facilities
- Complimentary use of robes, towels & slippers
- Spa Brunch or Spa Afternoon Tea
- Choice of 1 x 25 minute treatment from a selection of:
  - Energising Back Treatment (cleanse, exfoliate, massage)
  - Aromatherapy Back Massage
  - Mini Facial
  - Scalp Massage
  - Foot Treatment
  - Hand Treatment
- Use of Gymnasium & Tennis Court

Monday - Thursday 10am - 3pm or 1pm - 6pm
Monday - Thursday £59

PERSONALISED SPA DAY
- Use of Spa Lounge
- Use of facilities
- Complimentary use of robes, towels & slippers
- Fitness classes (available to book on the day subject to availability and treatment times)
- Use of Gymnasium & Tennis Court
- Welcome drink on arrival
- Welcome nibbles on arrival
- Spa Lunch Platter or Afternoon Tea
- Choice of 1 x treatment from the following:
  - Natural Spa Factory Boutique Facial (55min)
  - Natural Spa Factory Illuminating Facial (55min)
  - Spa Hot Stone Back of Body Massage (45min)
  - Spa Body Scrub – choose from our range of delicious seasonal scrubs before your treatment (35min)

Monday - Thursday 10am - 6pm £99
Friday - Sunday 10am - 6pm £115

CLASSIC SPA DAY
- Use of Spa Lounge
- Use of facilities
- Complimentary use of robes, towels & slippers
- Fitness classes (available to book on the day subject to availability and treatment times)
- Use of Gymnasium & Tennis Court
- Welcome drink on arrival
- Spa Lunch Platter or Afternoon Tea
- Choice of 1 x treatment from the following:
  - Natural Spa Factory Boutique Facial (55min)
  - Natural Spa Factory Illuminating Facial (55min)
  - Spa Hot Stone Full Body Massage £10 supplement
  - Spa Body Scrub – choose from our range of delicious seasonal scrubs before your treatment (35min)

Monday - Thursday 10am - 6pm £75
Friday - Sunday 10am - 6pm £90

Should you wish to upgrade to any of the following treatments, the supplement is payable at the time of booking:
- Natural Spa Factory Green, White and Red Tea Wrap £10 supplement
- Natural Spa Factory Slimming Laminara Wrap £10 supplement
- Spa Hot Stone Full Body Massage £10 supplement
- Natural Spa Factory Gold and Caviar Facial £10 supplement
- Elemis Standard Facials £10 supplement
- Elemis Advanced Facial £20 supplement
SERENITY SPA DAY
- Use of Spa Lounge
- Use of facilities
- Complimentary use of robes, towels & slippers
- Classes from an exclusive spa guest schedule
- Use of Gymnasium & Tennis Court
- Welcome drink on arrival
- Spa Lunch Platter or Afternoon Tea
- Glass of wine, Prosecco or soft drink with lunch
- Over 3 hours worth of treatments
  - Swedish Full Body Massage \((45\text{min})\)
  - Relaxing Facial & Touch of Colour \((60\text{min})\)
  - OPI Replenishing Manicure \((45\text{min})\)
  - OPI Essential Pedicure \((45\text{min})\)

<table>
<thead>
<tr>
<th>Monday - Thursday 10am - 6pm</th>
<th>£139</th>
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<tbody>
<tr>
<td>Friday - Sunday 10am - 6pm</td>
<td>£149</td>
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SUNDAY SPA SENSATION
- Use of Spa Lounge
- Use of Swimming Pool & Thermal Suite
- Use of Gym
- Complimentary use of robes & towels
- Spa Afternoon Tea
- Back Exfoliation
- Back, Neck & Shoulder Massage \((1hr 10\text{min})\)
- Mini Facial

Sunday 11am - 6pm  
£85

Twilight Evenings
Wind down at the end of a busy week with a Twilight Spa Evening.

TWILIGHT SPA & PAMPER
- Use of Spa Lounge
- Use of facilities
- Use of Gymnasium & Tennis Court (light nights only for tennis)
- Complimentary use of robes, towels & slippers
- Platter for two to share
- Choice of 1 x 25 minute treatment
  - Energising Back Treatment (cleanse, exfoliate, massage)
  - Aromatherapy Back Massage
  - Mini Facial  
  - Scalp Massage
  - Hand Treatment
  - Foot Treatment

Thursday 5.00pm - 9.00pm  
£45
Friday 5.00pm - 9.00pm  
£49

TWILIGHT SPA
As Twilight Spa & Pamper Package without the Choice of treatment.

Thursday 5.00pm - 9.00pm  
£35
Friday 5.00pm - 9.00pm  
£39

Pure Pampering

AFTERNOON PAMPER
- Use of Spa Lounge
- Complimentary use of robes & slippers
- Spa Lunch Platter or Spa Afternoon Tea
- Glass of Fizz
- Choice of 55 minute facial or 55 minute massage
- No use of spa facilities

<table>
<thead>
<tr>
<th>Monday - Thursday 12noon - 5pm</th>
<th>£70</th>
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<tbody>
<tr>
<td>Friday - Sunday 12noon - 5pm</td>
<td>£80</td>
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Wind down at the end of a busy week with a Twilight Spa Evening.
Spa Stays

Our 3 star Hotel and unique woodland lodges are the perfect escape where you can relax in peaceful surroundings; coupled with fine food and pampering it is the perfect combination. Here is a selection of our most popular Spa Stays; visit our website for all packages www.kenwick-park.co.uk/spa-stays-packages

**CLASSIC SPA STAY**
- Arrival at ClubSpa from 10am
- Complimentary use of towels, slippers & robe
- Use of facilities and EvergreenSpa lounge (available until 6pm)
- Afternoon Tea in EvergreenSpa Lounge
- 1 x treatment from the list (see Classic Spa Day on Page 17 for treatment choices)
- 1 Night at Kenwick Park Hotel or a Lodge
- Breakfast before departure

Monday – Sunday
£160 per person including 3 course dinner
£135 per person bed & breakfast (does not include dinner)

Hotel prices are based on 2 people sharing a twin or double room.
Lodge price is based on a minimum of 3 people sharing a 2 bed lodge or 5 people sharing a 3 bed lodge.

**RELAX & UNWIND**
- Arrival at ClubSpa from 12pm
- Complimentary use of towels, slippers & robe – both days
- Use of facilities and EvergreenSpa lounge
- Afternoon Tea in EvergreenSpa lounge on day of arrival
- 1 x 55 minute treatment from the following list of available treatments either on day of arrival or day of departure
  - Natural Spa Factory Boutique
  - Illuminating Facial
  - Natural Spa Factory Sweet Vanilla Body Wrap
  - Elemis Sole Delight Foot & Hand Delight Treatments
  - Mini Facial & Back Massage
- 2 course dinner
- 1 night at Kenwick Park Hotel (check in from 3pm)
- Depart 3pm following day

Monday – Thursday £135.00 per person
Hotel prices are based on 2 people sharing a twin or double room.

**MIDWEEK WOODLAND ESCAPE**
- Arrival at ClubSpa from 11am
- Complimentary use of towels, slippers & robe
- Use of facilities and EvergreenSpa lounge
- Afternoon Tea in EvergreenSpa lounge
- 85 minute treatment from the following choice:
  - Illuminating Body Wrap & Illuminating Mini Facial
- Sweet Vanilla Body Wrap & Boutique Mini Facial
- Spa Hot Stone Back of Body Massage & Facial
- Illuminating Facial & Honey Gel Back Massage
- 1 Night in a Lodge
- 3 course evening meal
- Breakfast before departure

Monday – Thursday £145.00 per person
Lodge price is based on a minimum of 3 people sharing a 2 bed lodge or 5 people sharing a 3 bed lodge.

**UPGRADE TO LUXURY LODGE RETREAT!**
Our premier luxury lodges offer contemporary comfort in wonderful surroundings, overlooking the stunning golf course and located a 5 minute walk from the outstanding ClubSpa. Comfy robes and slippers will also be available in your lodge for your enjoyment. Available as an upgrade on:

Classic Spa Stay £1,500 per lodge per night maximum of 8 guests = £187.50 per person
Midweek Woodland Escape £1,200 per lodge per night maximum of 8 guests = £150.00 per person
To make your appointment call us or book online

KENWICK PARK, LOUTH, LINCOLNSHIRE LN11 8NR

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